

What is Debrisoft®?

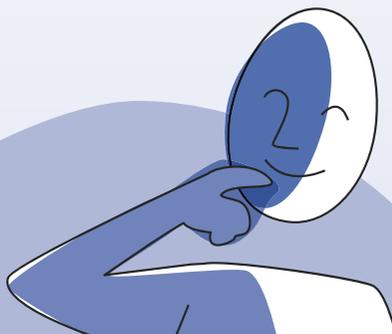
Debrisoft® consists of soft, polyester fibres which are secured and knitted together. These fibres are cut at a special angle, length and thickness to ensure good effect and flexibility.

Each piece of Debrisoft® is packaged individually and is sterile. Debrisoft® is available in a box containing 5 pieces.



If you are prescribed Debrisoft®, your healthcare professional may find the following ordering details helpful. Alternatively, please speak to your pharmacist to purchase Debrisoft®.

PIP Code	Ref Code	Hospital Code
358-1287	31222	ELZ354



Advice & further information

Your healthcare professional will advise you how often to use Debrisoft® and for how long.

- Always fully moisten Debrisoft® before use
- Always use the soft, fleecy side and not the knitted, reverse side
- Debrisoft® must not be used as a wound dressing
- Debrisoft® should not be used if there is a known sensitivity to the product
- Do not cut Debrisoft®
- Do not re-use a used piece of Debrisoft®
- Debrisoft® does not contain latex

If you would like to see Debrisoft® being used by a healthcare professional on patients with wounds and dry skin, please go to [YouTube](#) and search for Debrisoft® or visit

www.activahealthcare.co.uk

If you have any questions about your treatment, please contact your healthcare professional:

Name: _____

Contact details: _____

If you have any questions about Debrisoft® please contact Activa Healthcare on
08450 606707



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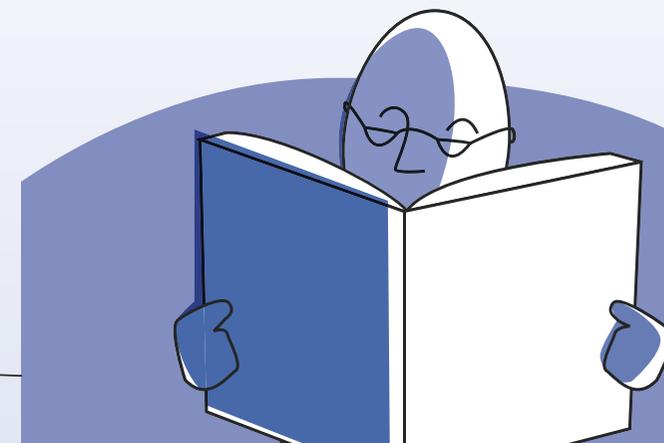
M722 V1.2 October 2014

Available on Prescription

ACTIVA
HEALTHCARE
an  Company

Debrisoft® Active Debridement

Patient information leaflet
for the use of Debrisoft®
on dry skin and wounds



What is Debrisoft® for and why has it been recommended for use?

The healthcare professional looking after you has recommended Debrisoft® because you may have dry, scaly/flaky skin which needs to be removed. This may be due to hyperkeratosis (see Figure 1), which is a skin thickening associated with chronic oedema (swelling of the limbs), varicose eczema or actinic keratosis. Debrisoft® can also be used on wounds which may contain debris and dead cells. Debrisoft® is a rapid, highly effective, safe and easy method for removing this debris.

Wound debris and dead skin cells make an ideal breeding ground for bacteria, which can lead to infection. Debrisoft® can be used to remove this from the skin or a wound, to help the healing process. Because Debrisoft® is soft and gentle it will not harm healthy cells.



Figure 1

How do I use Debrisoft®?

Wash off any emollients, creams or ointments prior to using Debrisoft®.

Step 1

Open the Debrisoft® packet

Step 2

Fully moisten the soft fleecy side of Debrisoft® with tap water (or saline, if advised to do so), approximately 30ml should suffice, which is about 2 tablespoons. Shake off any excess water - DO NOT squeeze out!

Step 3

With gentle pressure, using long sweeping strokes on the skin (or a circular motion on a wound), cleanse the area with the soft, fleecy side of the moistened Debrisoft®

Step 4

Use a new piece of Debrisoft® for each separate area being treated - for example if you have dry skin or a wound on both legs. For larger areas, you may need more than one piece of Debrisoft® and your healthcare professional will advise you about this.

Dispose of the used Debrisoft® according to local policy (this may be your normal waste bin or clinical waste, just ask your healthcare professional).

